



OHES

APRIL 2014

Lunch = \$3.75

Entrée (Includes Whole Grain)
+ Fruit and Vegetables + Milk
or Cup for Water

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	2 Rainbow Stir–Fry w/Teriyaki Sauce Rice Fruit	3 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	4 Grilled Cheese Veggie Sticks Fruit	5
6	7 Cheese Pizza Garden Salad Fruit	8 Roasted Chicken Garlic Bread Garden Salad Fruit	9 Fiesta Nacho Bowl ** Beyond Meat Chicken Tomatoes, avocado, cheese, beans, chips Fruit	10 Chicken Tenders Garden Salad Fruit	11 +++ PB & J Sandwich Veggie Sticks Fruit	12
13	14 Cheese Pizza Garden Salad Fruit	15 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	16 Rainbow Stir–Fry w/Teriyaki Sauce Rice Fruit	17 2 Crispy Tacos w/Turkey Taco Meat Lettuce, tomatoes, cheese Fruit	18 Spring Break	19
20	21 Spring Break	22 Spring Break	23 Spring Break	24 Spring Break	25 Spring Break	26
27	28 Cheese Pizza Garden Salad Fruit	29 Chicken & Rice Pick Up Stix Veggie Sticks Fruit	30 Rainbow Stir–Fry w/Teriyaki Sauce Rice Fruit			

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